




Pediatric Preventive Services Guidelines: Infants 0 - 9 months



The *Guidelines for Pediatric Preventive Services* were revised by the Puerto Rico Department of Health in August 2021. These recommendations are intended for anyone 21 years of age or younger.

The purpose of these guidelines is to break down those medical evaluations that are necessary to identify and diagnose health conditions, in order to offer the corresponding treatment before they become chronic conditions or permanent disabilities.

Universal Childhood	Action	Frequency
History and Physical Exam	At a prenatal visit, discuss family and pregnancy history.	<ul style="list-style-type: none"> • Newborn • 3 to 5 days • 1, 2, 4, 6 and 9 months 
Measurements: weight (kg), length (cm), head circumference (cm)	Classify and evaluate percentiles in graphs.	
Surveillance, development, behavioral assessment and psychosocial condition	Clinical observation and history, attention to social determinants, trauma and food safety.	
Immunizations	Evaluate compliance with the current schedule and administer vaccines necessary for compliance.	
Breastfeeding assessment, support, and feeding guidance in the first year	Monitor weight gain in the first week of life. If necessary, refer to support groups in the community. Provide guidance regarding the introduction of solids and foods.	<ul style="list-style-type: none"> • Prenatal visit • Newborn • 3 to 5 days • 1, 2, 4, 6 and 9 months
Maternal Depression Screening	Edinburgh Screening. Refer for support and help if positive.	<ul style="list-style-type: none"> • 1, 2 and 6 months
Anticipatory Guidance	Emphasize safe sleeping practices and the prevention of unintentional injuries.	<ul style="list-style-type: none"> • Prenatal visit • Newborn • 3 to 5 days • 1, 2, 4, 6 and 9 months
Hearing Screening (Law 311, 2003)	Infants with positive tests should have a confirmatory test before 3 months of age and receive definitive treatment before 6 months of age.	<ul style="list-style-type: none"> • Newborn
Metabolic Syndrome and Hemoglobinopathy	Law 84, 1987.	

Critical Congenital Heart Defect Screening	Pulse oximetry after 24 hours after birth, before discharge.	<ul style="list-style-type: none"> Newborn 
Hyperbilirubinemia Screening	Bilirubin test before discharge from hospital, 48 hours after birth at home.	
Developmental Screening	Administer validated screening instrument. Ages and Stages (ASQ) latest edition) or Survey Wellbeing Young Children (SWYC).	<ul style="list-style-type: none"> 9 months
Caries-risk assessment and screening.	Caries-risk Assessment Questionnaire, high risk result, refer immediately with the first tooth to the dentist.	<ul style="list-style-type: none"> 6 and 9 months
Tuberculosis Risk Screening	Risk questionnaire, exposure history.	<ul style="list-style-type: none"> 3 to 5 days 6 months
Lead Risk Screening exposure	Risk questionnaire with positive result, order blood lead sample.	<ul style="list-style-type: none"> 6 and 9 months

Anemia, blood pressure, vision and Zika testing are part of screening and/or evaluation. Consult with your physician to determine if these tests are necessary based on your history and physical exam.

Social and Emotional Aspect

For recommendations, tools, and resources about how you and your family can cope with emotional and physical concerns during and after treatment, please visit your primary doctor or contact the following phone lines:

Medical Advice Line

1-844-347-7801

TTY/TDD 1-844-347-7804

APS Health 787-671-9133

References:

<https://www.salud.pr.gov/CMS/DOWNLOAD/6634>

<https://www.asespr.org/wp-content/uploads/2022/06/Carta-Normativa-18-0705-Anejo-GUIA-DE-SERVICIOS-PEDIATRICOS-PREVENTIVOS-ENMENDADA.pdf>

https://www.encuentrodemivida.salud.gov.pr/_files/ugd/0ab51a_d7f0275bfc914873a5ed6db08087731f.pdf

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