

Preventive Pediatric Services Guide: Early Childhood 12-48 months



The *Guidelines for Pediatric Preventive Services* were revised by the Puerto Rico Department of Health in August 2021. These recommendations are intended for anyone 21 years of age or younger. The purpose of these guidelines is to break down those medical evaluations that are necessary to identify and diagnose health conditions, in order to offer the corresponding treatment before they become chronic conditions or permanent disabilities.

Universal Early Childhood	Action	Frequency
History and Physical Exam	History of physical activity and diet	• 12, 15, 18, 24, 30, 36 and 48 months
Measurements weight and height	Classify percentiles in graphs	
Head Circumference	Classify percentiles in graphs	• 12,15,18, 24 months
Anticipatory Guide	Control the time of exposure to digital consoles and TV	• 12,15,18, 24, 30, 36 and 48 months
Developmental observation, behavioral assessment and psychosocial condition	Clinical observation and history	
Body Mass Index /BMI	Classify percentiles in graphs	• 24, 30, 36 and 48 months
Blood Pressure	Blood pressure may be measured	• 36 and 48 months
Immunizations	Evaluate compliance with the current schedule and administer vaccinations necessary to comply with schedule	• 12,15,18, 24, 30, 36 and 48 months
Visual Acuity	Objectively assess visual acuity (e.g., Snellen chart)	• 36 and 48 months
Hearing Screening	Audiometry	• 48 months
Anemia	Hematocrit or Hgb	• 12 months
Autism	Administer the Modified Checklist for Autism in Toddlers (M-CHAT) or revised version (M-CHAT -R/F) and follow the protocol for autism.	• 18, 24 and 30 months

Development Screening	Administer validated screening instrument: Ages and Stages (ASQ, latest edition) or Survey Wellbeing Young Children (SWYC).	<ul style="list-style-type: none"> • 18 and 30 months
Oral Health Evaluation	Refer to the dentist for cleaning every 6 months and fluoride varnish.	<ul style="list-style-type: none"> • 12,18, 24, 30, 36 and 48 months
Tuberculosis Risk Screening	Risk questionnaire, history of positive exposure, order PPD.	<ul style="list-style-type: none"> • 12, 24, 36 and 48 months
Lead Risk Screening exposure	Lead levels in blood.	<ul style="list-style-type: none"> • 12 and 24 months

Testing for anemia, dyslipidemia, lead, pressure, and vision is part of the screening and/or evaluation. Consult with your pediatrician to determine if these tests are necessary based on your history and physical exam.



Prevention can help ensure early detection, diagnosis, and treatment of conditions before they become more complex and expensive to treat.

Social and Emotional Aspect

For recommendations, tools, and resources about how you and your family can cope with emotional and physical concerns during and after any treatment, please visit your primary care physician or contact the following phone lines:

Medical Advice Line

1-844-347-7801

TTY/TTD 1-844-347-7804

APS Healthcare

787-671-9133

References:

<https://www.salud.pr.gov/CMS/DOWNLOAD/6634>

Prepared by Licensed Health Educators.

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