

Learn about Telemedicine, Telehealth and Teledentistry

What is Telehealth?

Telehealth refers to the use of communication and information technologies to deliver health services remotely. This concept encompasses not only Telemedicine, but also the training of Health Professionals, the coordination of medical care and other services, both clinical and non-clinical.

What is Telemedicine?

Telemedicine is the use of technology that allows a patient to have medical appointments (or visits) with their doctor or another member of their healthcare team. This makes it easier to access medical consultations, diagnoses and follow-ups from the comfort of home, which is especially useful for those who live far from hospitals, medical offices and/or have mobility difficulties. Telemedicine is a type of telehealth service. Unlike Telehealth, which is widely used, Telemedicine refers only to clinical services such as:

- ✓ Diagnosis
- ✓ Tests
- ✓ Treatment

What is Teledentistry?

Teledentistry is the application of telehealth systems and methodologies in the dental field (dental services). This type of service enables patient care and education through various modalities:

- **Synchronous (Live Video):** Real-time interaction between the patient and the Dental Provider using audiovisual technology.
- **Asynchronous (store and send):** Secure transmission of recorded health information (such as x-rays, videos, and photographs) for a Dental Provider to assess the patient's condition without the need for live interaction.

What services can be provided through Teledentistry?

While it is true that various dental procedures, such as cleanings and fillings, must be performed face-to-face in a Dental Office, Teledentistry can efficiently address services such as:

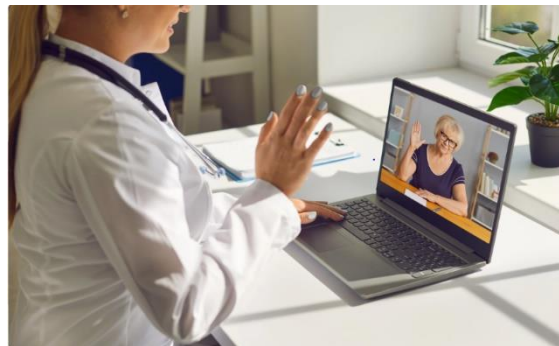
- General Inquiries
- Diagnostics or evaluations
- Assignment or monitoring of any treatment
- Sharing patient information
- Patient Education

Telehealth, Telemedicine, and Teledentistry have made it possible to:

- Improve access to medical and dental services.
- Provide protection for both providers and patients.
- Reduce operating costs.
- Reduce waiting times.
- Facilitate decision-making through accurate data in the shortest possible time.
- Increase efficiency and improve clinical outcomes.

It is important that, in any of these modalities, you are aware of the following rights:

- You will be able to participate in the choice of how to receive your treatment, considering aspects such as urgency, convenience and satisfaction, without incurring additional penalties compared to face-to-face care.
- The Services will be provided in accordance with applicable laws and regulations, especially with respect to the privacy and security of your health information.



Social and Emotional Aspect

For tips, tools, and resources on how you and your family can cope with the emotional and physical concerns that arise during and after your treatment, please visit your primary care physician or call the following hotlines:

Medical Advice Line

1-844-347-7801

TTY/ TDD: 1-844-347-7804

APS Healthcare

787-641-9133

References:

<https://www.ada.org/about/governance/current-policies/ada-policy-on-teledentistry>

<https://dev-portalsalud.orsyspr.com/CMS/22>

<https://www.cancer.org/es/cancer/como-sobrellevar-el-cancer/encontrar-tratamiento/telemedicina-telesalud.html>