

## Early and Periodic Screening, Diagnosis and Treatment (EPSDT)

The EPSDT Program offers comprehensive and preventive services, free of cost, to all Puerto Rico Government Health Plan (GHP) Enrollees who are twenty-one (21) years of age less. This Program is designed to identify children with actual or potential health problems in order to screen, diagnose and treat the problem before it becomes a permanent, lifelong disability. Please talk to your provider to learn more about the importance of preventive services, how and where to access those services and to schedule an appointment. The EPSDT Program includes:

### Screening Services/EPSDT Checkups

- Comprehensive Health and Developmental History and Assessment (unclothed physical, mental, emotional and social)
- Comprehensive Physical Exam/Nutritional Status Assessment/Measurements including head circumference for infants/Newborn Checkup
- Appropriate Immunizations (According to the Advisory Committee of Immunization Practices and the Puerto Rico Health Department)
- Laboratory Test, including lead toxicity and tuberculosis screening
- Health Education (Anticipatory guidance that includes child development, healthy lifestyle and accident and disease prevention)

**Vision Services:** The purpose of a vision test is to identify possible vision problems. Once a vision problem is identified, the child should receive additional evaluation and the necessary treatment, including eyeglasses.

**Dental Services:** Oral health is important for your overall health. At minimum, dental services include relief of pain and infections, reconstruction and maintenance. Dental services should not be limited to emergency services.

**Hearing Services:** The purpose of a hearing tests is to identify possible hearing problems. If a hearing problem is identified the child should receive additional evaluation and necessary treatment, including hearing aids.

**Transportation Services:** Transportation services can be coordinated if these comply with the First Medical Health Plan, Inc., Pre-authorization requirements.

**Diagnostic:** Diagnostic tests are essential tests needed to diagnose certain conditions. If during a screening test, further evaluation is needed, the child should immediately receive a diagnostic test, referrals and follow-up appointments.

**Treatment:** Treatment for medically needed services or referrals will be provided to control, correct or reduce health problems identified in children.

**Periodicity Schedule:** For detailed information, refer to the Preventive Services Guide available at [www.firstmedicalvital.com](http://www.firstmedicalvital.com) or visit one of our Service Offices for a free copy.

**Telemedicine:** If you require Telemedicine services, please contact your Primary Medical Group or contact our Customer Service Department.

If you need information on how to access preventive services, please contact our Customer Service Department at 1-844-347-7800 Monday through Friday from 7:00 a.m. to 7:00 p.m. TTY/TDD audio impaired users should call 1-844-347-7805, toll-free.

### Reference:

<https://www.medicaid.gov/medicaid/benefits/early-and-periodic-screening-diagnostic-and-treatment/index.html>