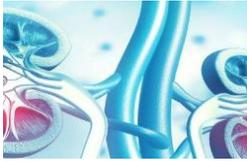


## Tests for patients with impaired renal function



The kidneys filter and clean the blood, eliminating waste products and producing urine. To know how well the kidney is functioning, it is important to perform and analyze urine and blood tests.

### Possible tests to perform:

- **Glomerular filtration rate**  
Blood test for chronic kidney disease. It shows how well the kidneys are filtering.
- **Blood and urine creatinine test**  
This test checks levels of creatinine, a waste product that the kidneys remove from the blood.
- **Urine albumin test**  
Checks for the presence of albumin, a protein that can appear in the urine when the kidneys are not working well.
- **Imaging tests such as ultrasound, CT, or MRI.** They provide detailed images of the kidneys to evaluate their size, shape, and structure to detect possible abnormalities.
- **Kidney biopsy**  
Consists of taking a small sample of kidney tissue to be analyzed. It checks the cause of kidney disease and damage.



### Recommendations to keep your kidneys healthy:

- Keep your blood pressure at proper levels.
- Control your blood sugar.
- Maintain a healthy diet.
- Maintain a healthy weight.
- Do not smoke.



### Social and Emotional Aspects

For recommendations, tools and resources on how you and your family can cope with the emotional and physical concerns that arise during and after your treatment, please visit your primary care physician or contact the following phone numbers:

#### Medical Advice Line

1-844-347-7801

TTY/TDD 1-844-347-7804

APS Health 787-641-9133

### References:

<https://www.kidneyfund.org/es/todo-sobre-los-rinones/las-pruebas-de-deteccion-de-la-enfermedad-renal>

<https://www.mayoclinic.org/es/diseases-conditions/kidney-failure/diagnosis-treatment/drc-20369053>

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