

Carta Trámite

8 de abril de 2020

A: Todos los Proveedores Contratados por First Medical Health Plan, Inc. para el Plan Vital, Región Única y Población Vital-X (Virtual)

Re: Carta Normativa 20-0331-A relacionada a Servicios de Terapia Física, Ocupacional, de Habla y Códigos de Telemedicina o Telesalud - Estado de Emergencia COVID-19

Estimado(a) Proveedor(a):

Reciba un cordial saludo de parte de First Medical Health Plan, Inc. (FMHP)

Adjunto a este comunicado encontrará la Carta Normativa 20-0331-A de la Administración de Seguros de Salud de Puerto Rico (ASES), emitida el 8 de abril de 2020.

Con el objetivo de garantizar el acceso a servicios de salud a todos los beneficiarios del Plan Vital, la ASES notificó mediante la Carta Normativa 20-0331, sobre el uso de Telemedicina y Telesalud para servicios de Médicos Primarios, Especialistas para Salud Física y Mental, Psicólogos, Trabajadores Sociales y para los Centros de Rehabilitación. La Carta Normativa 20-0331-A enmienda la Carta Normativa 20-0331 para incluir los códigos a utilizar para la prestación de servicios de **Terapia Física, Ocupacional y del Habla**.

Para su fácil referencia, a continuación, se detallan los códigos de procedimientos aplicables para **servicios de Telemedicina y Telesalud**. Deben hacer referencia a la descripción según el *Current Procedure Terminology*.

Códigos CPTs	Descripción	Tarifa
99441-99443	<i>Telephone evaluation and management service by a physician or other qualified health care professional who may report evaluation and management services provided to an established patient, parent, or guardian not originating from a related E/M service provided within the previous 7 days nor leading to an E/M service or procedure within the next 24 hours or soonest available appointment.</i>	\$20.00

Códigos HCPCS	Descripción	Tarifa
G2010	<i>Remote evaluation of recorded video and/or images submitted by an established patient (e.g., store and forward), including interpretation with follow-up with the patient within 24 business hours, not originating from a related E/M service provided within the previous 7 days nor leading to an E/M service or procedure within the next 24 hours or soonest available appointment</i>	\$20.00
G2012	<i>Brief communication technology based service, e.g., virtual check-in, by a physician or other qualified health care professional who can report evaluation and management services, provided to an established patient, not originating from a related E/M service provided within the previous 7 days nor leading to an E/M service or procedure within the next 24 hours or soonest available appointment; 5-10 minutes of medical discussion.</i>	\$20.00

Códigos CPTs	Descripción	Tarifa
99201-99205	<i>Office or other outpatient visit for the evaluation and management of a new patient.</i>	\$25.00
99211-99215	<i>Office or other outpatient visit for the evaluation and management of an established patient.</i>	\$20.48

Terapia Física

Códigos CPTs	Descripción	Tarifa
97161	<i>Physical therapy evaluation: low complexity, requiring these components: A history with no personal factors and/or comorbidities that impact the plan of care; An examination of body system(s) using standardized tests and measures addressing 1-2 elements from any of the following: body structures and functions, activity limitations, and/or participation restrictions. Typically, 20 minutes are spent face-to-face with the patient and/or family</i>	\$ 21.88
97162	<i>Physical therapy evaluation: moderate complexity, requiring these components: A history of present problem with 1-2 personal factors and/or comorbidities that impact the plan of care; An examination of body systems using standardized tests and measures in addressing a total of 3 or more elements from any of the following: body structures and functions, activity limitations, and/or participation restrictions. Typically, 30 minutes are spent face-to-face with the patient and/or family.</i>	\$ 21.88

97163	<i>Physical therapy evaluation: high complexity, requiring these components: A history of present problem with 3 or more personal factors and/or comorbidities that impact the plan of care; body structures and functions, activity limitations, and/or participation restrictions. Typically, 45 minutes are spent face-to-face with the patient and/or family.</i>	\$ 21.88
97164	<i>Re-evaluation of physical therapy established plan of care, requiring these components: An examination including a review of history and use of standardized tests and measures is required. Typically, 20 minutes are spent face-to-face with the patient and/or family.</i>	\$ 29.75
97110	<i>Therapeutic procedure, 1 or more areas, each 15 minutes; therapeutic exercises to develop strength and endurance, range of motion and flexibility</i>	\$ 10.73

Terapia Ocupacional

Códigos CPTs	Descripción	Tarifa
97165	<i>Occupational therapy evaluation, low complexity, requiring these components: An occupational profile and medical and therapy history, which includes a brief history including review of medical and/or therapy records relating to the presenting problem; An assessment(s) that identifies 1-3 performance deficits (ie, relating to physical, cognitive, or psychosocial skills) that result in activity limitations and/or participation restrictions. Typically, 30 minutes are spent face-to-face with the patient and/or family.</i>	\$ 25.38
97166	<i>Occupational therapy evaluation, moderate complexity, requiring these components: An occupational profile and medical and therapy history, which includes an expanded review of medical and/or therapy records and additional review of physical, cognitive, or psychosocial history related to current functional performance. Typically, 45 minutes are spent face-to-face with the patient and/or family.</i>	\$ 25.38
97167	<i>Occupational therapy evaluation, high complexity, requiring these components: An occupational profile and medical and therapy history, which includes review of medical and/or therapy records and extensive additional review of physical, cognitive, or psychosocial history related to current functional performance. Typically, 60 minutes are spent face-to-face with the patient and/or family.</i>	\$ 25.38

Terapia del Habla

Códigos CPTs	Descripción	Tarifa
92507	<i>Treatment of speech, language, voice, communication, and/or auditory processing disorder; individual</i>	\$ 34.00
92521	<i>Evaluation of speech fluency (eg, stuttering, cluttering)</i>	\$ 26.32
92522	<i>Evaluation of speech sound production (eg, articulation, phonological process, apraxia, dysarthria)</i>	\$ 26.32
92523	<i>Evaluation of speech sound production (eg, articulation, phonological process, apraxia, dysarthria); with evaluation of language comprehension and expression (eg, receptive and expressive language)</i>	\$ 26.32
92526	<i>Treatment of swallowing dysfunction and/or oral function for feeding</i>	\$ 25.40
96105	<i>Assessment of aphasia (includes assessment of expressive and receptive speech and language function, language comprehension, speech production ability, reading, spelling, writing, eg, by Boston Diagnostic Aphasia Examination) with interpretation and report, per hour.</i>	\$ 30.71
97129	<i>Therapeutic interventions that focus on cognitive function (eg, attention, memory, reasoning, executive function, problem solving, and/or pragmatic functioning) and compensatory strategies to manage the performance of an activity (eg, managing time or schedules, initiating, organizing, and sequencing tasks), direct (one-on-one) patient contact; initial 15 minutes</i>	\$ 17.21
97130	<i>Therapeutic interventions that focus on cognitive function (eg, attention, memory, reasoning, executive function, problem solving, and/or pragmatic functioning) and compensatory strategies to manage the performance of an activity (eg, managing time or schedules, initiating, organizing, and sequencing tasks), direct (one-on-one) patient contact; each additional 15 minutes (List separately in addition to code for primary procedure)</i>	\$ 16.44

Es importante recalcar que, si usted cuenta con una tarifa diferente a las que se indicaron anteriormente, las tarifas que prevalecen son las negociadas previamente en su contrato de Vital.

OTROS REQUERIMIENTOS:

- Corresponde facturar los servicios de Telesalud/Telemedicina en **Lugar de Servicio: 02**.
- El consentimiento verbal y/o escrito debe estar documentado en el expediente médico del paciente.
- El servicio debe estar documentado en el expediente médico del paciente.
- Los servicios de Telesalud y Telemedicina deben cumplir con las protecciones de la Ley HIPAA y las disposiciones de las agencias reguladoras al momento del encuentro con el paciente.
- Se aplicarán las mismas reglas de los códigos de Evaluación y Manejo, de acuerdo con las reglas del CPT®, por el periodo de vigencia de esta Política.
- No aplican copagos ni deducibles para los servicios de Telesalud y Telemedicina.

CODIFICACIÓN GENERAL DE DIAGNÓSTICOS PARA (COVID-19)

A continuación, los códigos sugeridos por los Centros de Control de Enfermedades y Prevención (CDC, por sus siglas en inglés) para indicar el tipo de afección respiratoria para los casos confirmados:

ICD-10	Descripción
J12.89	<i>Other viral pneumonia</i>
J20.8	<i>Acute bronchitis due to other specified organisms</i>
J22	<i>Unspecified acute lower respiratory infection</i>
J40	<i>Bronchitis not otherwise specified (NOS) due to COVID-19</i>
J98.8	<i>Other specified respiratory disorders</i>
J80	<i>Acute respiratory distress syndrome</i>

Se deben utilizar los códigos antes mencionados en conjunto con el código a continuación en casos confirmados:

ICD-10	Descripción
U07.1	<i>2019-nCoV acute respiratory disease</i>

Para la exposición al Coronavirus (COVID-19), se deben utilizar el siguiente código:

ICD-10	Descripción
Z03.818	<i>Encounter for observation for suspected exposure to other biological agents ruled out</i>

En el caso de contacto con una persona confirmada con COVID-19, se debe utilizar el siguiente código:

ICD-10	Descripción
Z20.828	<i>Contact with and (suspected) exposure to other viral communicable diseases</i>

Para la descripción de signos y síntomas, se recomienda utilizar los siguientes códigos:

ICD-10	Descripción
R05	<i>Cough</i>
R06.02	<i>Shortness of breath</i>
R50.9	<i>Fever, unspecified</i>

Es importante garantizar el acceso a todos los beneficiarios del Plan de Salud del Gobierno (Vital), las opciones de consultas de Telemedicina y Telesalud mediante cualquier tipo de tecnología reconocida y disponibles según los códigos aplicables. El uso de los servicios será realizado salvaguardando todas las disposiciones de confidencialidad y reglamentación aplicable a HIPAA y cualquier otra Normativa Federal o Estatal vigente. Esta política estará vigente hasta que culmine el periodo de emergencia o hasta que la ASES lo determine, lo que ocurra primero.

Para detalles específicos sobre la información provista por la ASES, le exhortamos a que lea detenidamente la Carta Circulas 20-0331-A.

Por último, es de suma importancia cumplir con las reglas de documentación y codificación de los servicios antes mencionados, ya que las mismas estarán sujetas a evaluaciones posterior a los pagos realizados.

Si tiene alguna pregunta y/o necesita información adicional, siéntase en la libertad de comunicarse con nuestro Centro de Servicio al Proveedor al número libre de cargos 1-844-347-7802 de lunes a viernes de 7:00 a.m. a 7:00 p.m. También, puede acceder a nuestra página electrónica www.firstmedicalvital.com.

Cordialmente,

Departamento de Proveedores
First Medical Health Plan, Inc.



GOBIERNO DE PUERTO RICO
Administración de Seguros de Salud

Carta Normativa 20-0331A

8 de abril de 2020

- A:** **TODAS LAS ORGANIZACIONES DE MANEJO DE CUIDADO DIRIGIDO, (MCO's con las siglas en inglés), GRUPOS MEDICOS, MEDICOS PRIMARIOS, Y PROVEEDORES PARTICIPANTES DEL PLAN DE SALUD DEL GOBIERNO, PLAN VITAL**
- Asunto:** **Servicios de Terapia Física, Terapia Ocupacional y Terapia del Habla telemedicina o tele salud, Códigos de Procedimientos Estado de Emergencia - (COVID-19)**
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El 15 de marzo de 2020 la Honorable Wanda Vázquez Garced, Gobernadora de Puerto Rico emitió la Orden Administrativa Núm. E-2020-023 que viabiliza los cierres necesarios gubernamentales y privados para combatir los efectos del Coronavirus (COVID-19) y controlar el riesgo de contagio en nuestra isla. Esta orden fue enmendada el 30 de marzo de 2020 (OE 2020-029).

Con el objetivo de garantizar el acceso a todos los beneficiarios del Plan de Salud del Gobierno (Plan Vital) la Administración de Servicios de Salud (ASES), mediante la carta normativa 20-0331 notificó sobre uso de telemedicina / tele salud para servicios de médicos primarios, especialistas (incluyendo Salud Física y Salud Mental) Psicólogos, Trabajadores Sociales, y para los Centros de Rehabilitación fueron incluidos **las Terapistas Física, Ocupacional y del Habla.**

Para referencia se incluyen los códigos de procedimientos aplicables mediante el uso de tele salud o telemedicina para los servicios **de terapia física, ocupacional o del habla. Deben hacer referencia a la descripción según el Current Procedure Terminology.**



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SERVICIOS PARA TERAPIA FISICA

CPT	Descripción
97161	Physical therapy evaluation: low complexity, requiring these components: A history with no personal factors and/or comorbidities that impact the plan of care; An examination of body system(s) using standardized tests and measures addressing 1-2 elements from any of the following: body structures and functions, activity limitations, and/or participation restrictions; A clinical presentation with stable and/or uncomplicated characteristics; and Clinical decision making of low complexity using standardized patient assessment instrument and/or measurable assessment of functional outcome. (20 minutes)
97162	Physical therapy evaluation: moderate complexity, requiring these components: A history of present problem with 1-2 personal factors and/or comorbidities that impact the plan of care; An examination of body systems using standardized tests and measures in addressing a total of 3 or more elements from any of the following: body structures and functions, activity limitations, and/or participation restrictions; An evolving clinical presentation with changing characteristics; and Clinical decision making of moderate complexity using standardized patient assessment instrument and/or measurable assessment of functional outcome. (30 minutes)
97163	Physical therapy evaluation: high complexity, requiring these components: A history of present problem with 3 or more personal factors and/or comorbidities that impact the plan of care; An examination of body systems using standardized tests and measures addressing a total of 4 or more elements from any of the following: body structures and functions, activity limitations, and/or participation restrictions; A clinical presentation with unstable and unpredictable characteristics; and Clinical decision making of high complexity using standardized patient assessment instrument and/or measurable assessment of functional outcome. (45 minutes)
97164	Re-evaluation of physical therapy established plan of care, requiring these components: An examination including a review of history and use of standardized tests and measures is required; and Revised plan of care using a standardized patient assessment instrument and/or measurable assessment of functional outcome. (20 minutes)
97110	Therapeutic procedure, 1 or more areas, each 15 minutes; therapeutic exercises to develop strength and endurance, range of motion and flexibility



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SERVICIOS PARA TERAPIA OCUPACIONAL

CPT	Descripción
97165	Occupational therapy evaluation, low complexity, requiring these components: An occupational profile and medical and therapy history, which includes a brief history including review of medical and/or therapy records relating to the presenting problem; An assessment(s) that identifies 1-3 performance deficits (ie, relating to physical, cognitive, or psychosocial skills) that result in activity limitations and/or participation restrictions; and Clinical decision making of low complexity, which includes an analysis of the occupational profile, analysis of data from problem-focused assessment(s), and consideration of a limited number of treatment options. Patient presents with no comorbidities that affect occupational performance.
97166	Occupational therapy evaluation, moderate complexity, requiring these components: An occupational profile and medical and therapy history, which includes an expanded review of medical and/or therapy records and additional review of physical, cognitive, or psychosocial history related to current functional performance; An assessment(s) that identifies 3-5 performance deficits (relating to physical, cognitive, or psychosocial skills) that result in activity limitations and/or participation restrictions; and Clinical decision making of moderate analytic complexity, which includes an analysis of the occupational profile, analysis of data from detailed assessment(s).
97167	Occupational therapy evaluation, high complexity, requiring these components: An occupational profile and medical and therapy history, which includes review of medical and/or therapy records and extensive additional review of physical, cognitive, or psychosocial history related to current functional performance; An assessment(s) that identifies 5 or more performance deficits (ie, relating to physical, cognitive, or psychosocial skills) that result in activity limitations and/or participation restrictions and Clinical decision making of high analytic complexity, which includes an analysis of the patient profile, analysis of data from comprehensive assessment(s), and consideration of multiple treatment .



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Autorizado por la Comisión Estatal de Elecciones CEE-SA-19-166

SERVICIOS PARA TERAPIA DEL HABLA

CPT	Descripción
92507	Treatment of speech, language, voice, communication, and/or auditory processing disorder; individual.
92521	Evaluation of speech fluency (eg, stuttering, cluttering)
92522	Evaluation of speech sound production.
92523	Evaluation of speech sound production (eg, articulation, phonological process, apraxia, dysarthria); with evaluation of language comprehension and expression (eg, receptive and expressive language)
92526	Treatment of swallowing dysfunction and/or oral function for feeding.
96105	Assessment of aphasia (includes assessment of expressive and receptive speech and language function, language comprehension, speech production ability, reading, spelling, writing, eg, by Boston Diagnostic Aphasia Examination)
97129	Therapeutic interventions that focus on cognitive function (eg, attention, memory, reasoning, executive function, problem solving, and/or pragmatic functioning) and compensatory strategies to manage the performance of an activity (eg, managing time or schedules, initiating, organizing, and sequencing tasks), direct (one-on-one) patient contact; initial 15 minutes
97130	Therapeutic interventions that focus on cognitive function (eg, attention, memory, reasoning, executive function, problem solving, and/or pragmatic functioning) and compensatory strategies to manage the performance of an activity (eg, managing time or schedules, initiating, organizing, and sequencing tasks), direct (one-on-one) patient contact; each additional 15 minutes.

La cubierta de estos servicios mediante la tecnología flexibiliza el acceso a todos los servicios de cuidado de la salud y la continuidad de cuidado mientras se contiene la propagación de este virus. Por tanto, debe garantizarse el acceso a todos los beneficiarios del Plan de Salud del Gobierno (Plan Vital) a las opciones de consultas de telemedicina/tele-salud mediante cualquier tipo de tecnología regularmente reconocida y disponible según los códigos aplicables como, por ejemplo: llamada telefónica, video conferencia, telemetría remota, dispositivos remotos. El uso de estos será realizado salvaguardando todas las disposiciones de confidencialidad y reglamentación aplicable como HIPPA y cualquier otra normativa aplicable federal o estatal vigente.



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Los MCO's deben distribuir esta Carta Normativa y las tarifas aplicables a los códigos de procedimientos previamente mencionados a todos los proveedores participantes de Plan Vital. Además, se les requiere modificar los sistemas de pagos para el procesamiento y pago de las facturas emitidas por los códigos de referencia. **No serán aplicados co-pagos o deducibles.**

Esta política tendrá vigencia hasta que termine el Estado de Emergencia o hasta que la ASES suspenda estas instrucciones, lo que ocurra primero.

Cordialmente,

Jorge E. Galván, JD, MHA
Director Ejecutivo



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Autorizado por la Comisión Estatal de Elecciones CEE-SA-19-166